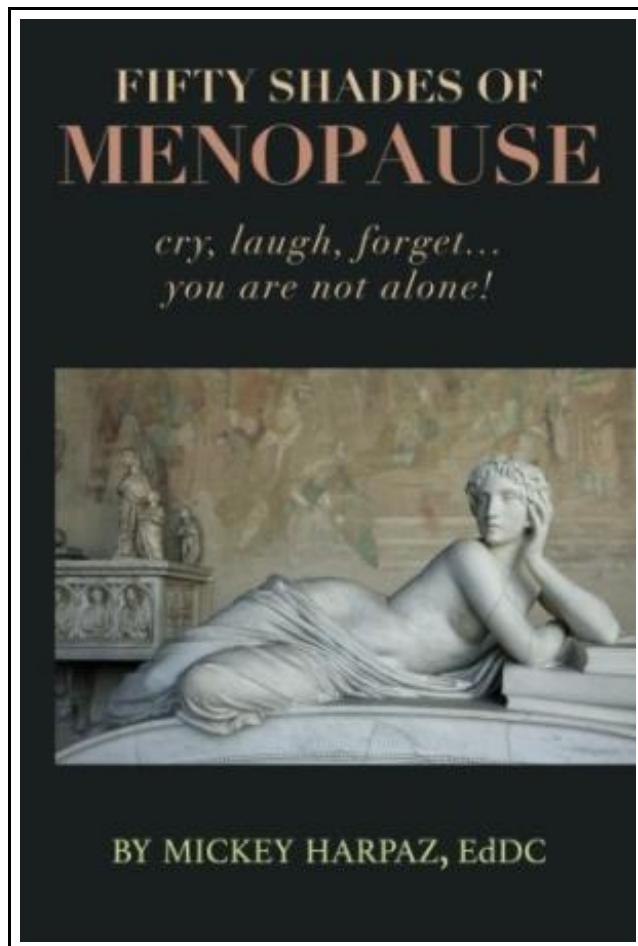


Fifty Shades of Menopause: Cry, Laugh, Forget. You Are Not Alone! (Paperback)



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Reviews

This publication is definitely not simple to begin on studying but really exciting to read. It is actually rally fascinating through reading time. Your life span will be enhance when you complete looking at this publication.

(Laurence Littel)

FIFTY SHADES OF MENOPAUSE: CRY, LAUGH, FORGET. YOU ARE NOT ALONE! (PAPERBACK)

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Dr Harpaz, LLC, United States, 2015. Paperback. Book Condition: New. Koren Harpaz (illustrator). 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. For over 29 years in private practice, Mickey Harpaz, EdDC has developed specialized health programs designed for his more than 11,000 patients, and several large organizations. A large percentage of his patients have been menopausal women. Dr Harpaz has researched extensively into the subject of menopause, and has published more than 600 articles on this subject, possibly making him the most prolific writer on menopause. *Fifty Shades of Menopause* has one purpose: Education for an easier and more bearable menopause journey, through targeting the triggers of menopause and their symptoms, and evaluating any possible treatments/remedies. *Fifty Shades of Menopause* is a compilation of all the articles Dr Harpaz has written about menopause. It will answer all the questions you may have about it . including what you can expect to happen during each phase of menopause. It reviews all of the treatment options (hormonal and non-hormonal) available to you to relieve your symptoms. What you, the reader, can expect: *Fifty Shades of Menopause* s information, conclusions, and recommendations deliver proven and excellent results for any woman who reads it. As real world results from real people are powerful testimonials to *Fifty Shades of Menopause* s success, so are its aftermaths benefits that readers can expect to experience. Higher energy levels and lower levels of fatigue Increased productivity across all facets of daily life Better sleep Increased mood stability Decreased stress levels Decreased depression levels Increased self esteem Decreased hot flashes frequency and severity Increased Libido Stopping and reversing menopausal weight gain Lastly, this book s principal aspiration is to help the female gender, which has no choice in the matter, but is brave...

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